



The Shrewsbury Arms

Chester

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Warrington Road | Mickle Trafford | Chester | CH2 4EB

À LA CARTE MENU

NIBBLES

- GARLIC BREAD** (348Kcal) (V) £4.25
- GARLIC BREAD WITH CHEESE** (458Kcal) (V) £5.25
- MARINATED OLIVES** (82Kcal) (VE) £4.95
- PIGS IN BLANKETS** (283Kcal) £4.95
With maple glaze
- VEGAN SAUSAGES** (82Kcal) (VE) £4.95
With maple glaze

STARTERS

- SOUP OF THE DAY** 330Kcal (can be g/f) (VE) £6.50
Usually vegetarian with bread roll and butter
- WHITEBAIT** 420Kcal (g/f) £5.95
Deep fried in a gluten free crumb with salad garnish and lemon wedge
- CHICKEN LIVER PATE** 376Kcal (can be g/f) £6.95
Served with salad garnish, onion chutney and toast.
- BREADED BRIE WEDGE** 355Kcal (V) £6.95
Served with salad garnish and cranberry sauce.
- CHICKEN GOUJONS** 285Kcal £6.50
Served with salad garnish and sweet chilli dipping sauce.

MAINS

- FISH AND CHIPS** 1395Kcal £15.95
Beer battered cod with chunky chips, garden or mushy peas and lemon wedge
- STEAK AND ALE PIE** 1364Kcal £14.95
Chunks of slow cooked steak in shortcrust pastry with garden peas, chips and beef gravy
- CURRY OF THE DAY** 632Kcal £13.95
Served with basmati rice or chips and naan bread
- HUNTERS CHICKEN** 925Kcal (g/f) £13.95
Served with chips and garden peas
- BREADED SCAMPI** 832Kcal £13.95
Served with chips garden or mushy peas and lemon wedge
- GRILLED SALMON** 725Kcal (g/f) £16.95
Served with new potatoes, green beans and a lemon and herb hollandaise sauce
- SHREWSBURY COTTAGE PIE** 845Kcal (g/f) £14.95
Chunks of tender beef and root vegetables in a rich gravy, topped with mash served with seasonal vegetables
- PORK STROGANOFF** 725Kcal (g/f) £13.95
Tender pork fillet in a creamy stroganoff sauce with rice or chips
- CHICKEN BREAST IN A MUSHROOM AND GARLIC SAUCE** 835Kcal (g/f) £13.95
Served with mash or chips and green beans

(V) Vegetarian (Ve) Vegan (g/f) Gluten Free

If you have any allergies please advise your server prior to ordering. Information as to the allergens in our food is freely available, please just ask. Dishes may contain nut traces. All calorie counts

PIZZA AND PASTA

MARGHERITA 870Kcal	£10.95
HAM AND PINEAPPLE 917Kcal	£11.95
SPICY CHICKEN AND RED ONION 921Kcal	£11.95
SPICY BEEF AND JALAPENO 867Kcal	£11.95
PEPPERONI AND MEATBALL 875Kcal	£11.95
PORKY PIG 985Kcal Topped with, pepperoni, chorizo, sausage, bacon and ham.	£12.95
BEEF LASAGNE 750Kcal Served with garlic bread and a side salad.	£11.95
SPAGHETTI CARBONARA 658Kcal Finely chopped bacon in a creamy, cheesy sauce.	£11.95
SPAGHETTI WITH SPICY CHICKEN 690Kcal In a rich tomato and herb garlic sauce.	£12.95
SPAGHETTI MEATBALL MARINARA 695Kcal	£12.95

VEGGIE AND VEGAN

VEGAN MEATBALL MARINARA 475Kcal (VE) In a garlic and herb tomato sauce.	£12.95
VEGAN LASAGNE 700Kcal (VE) Served with salad.	£11.95
VEGAN PENANG CURRY 654Kcal (V) (g/f) Cauliflower, mange tout and red pepper in a thai style coconut creamy sauce with basmati rice or chips and naan bread.	£13.95
VEGAN SAUSAGE CASSEROLE 650Kcal (VE) (g/f) Served with new potatoes or chips and green beans.	£13.95
MEDITERRANEAN VEG WELLINGTON 840Kcal (VE) With new potatoes green beans and vegan gravy.	£13.95
MUSHROOM STROGANOFF 687Kcal (V) (g/f) Mushrooms in a creamy sauce served with basmati rice.	£13.95

GRILLS

ALL GRILLS ARE GLUTEN FREE.

All grills are served with chips or jacket potato, grilled tomato and garden peas.

100Z PRIME RUMP STEAK 885Kcal	£19.95
100Z GAMMON STEAK 875Kcal With egg and pineapple	£14.95
ADD A SAUCE £3.50 Creamy peppercorn or Dianne	

BURGERS ALL £13.95

All served on a toasted brioche bun with fries, salad, gherkin and coleslaw.

6OZ BEEF BURGER 875Kcal	
SOUTHERN FRIED CHICKEN BREAST BURGER 873Kcal	
VEGAN VEGETABLE BURGER 728Kcal	

SALADS

CHICKEN AND BACON CAESAR 541Kcal (g/f)	£13.95
GRILLED SALMON AND EGG 425Kcal (g/f)	£15.95
WALDORF 345Kcal (g/f) With apple, celery and walnuts	£12.95

SANDWICHES ALL £7.95 | MON – SAT 12-4

Served on white, brown bloomer or gluten free bun.
With salad garnish and tortilla chips

HOME ROAST BEEF 425Kcal	
HOME ROAST HAM 425Kcal	
TUNA MAYO 340Kcal	
CHEESE AND PICKLE 375Kcal	
CHICKEN AND SWEETCORN MAYO 420Kcal	

BAGUETTES ALL £9.95 | MON - SAT 12 - 4

Served with a salad garnish

HOT BEEF AND ONION IN GRAVY 501Kcal	
HOT TUNA MELT 485Kcal	
HOT CHEDDAR CHEESE & TOMATO OR ONION 475Kcal (V)	
HOT HUNTERS' CHICKEN 516Kcal	
HOT SAUSAGE, RED ONION AND BRIE 495Kcal	

SIDES

CHUNKY CHIPS 449Kcal	£4.00
SKINNY FRIES 344Kcal	£4.00
CREAMY MASH 225Kcal	£3.50
HOUSE SALAD 45Kcal	£3.50
MUSHY PEAS 81Kcal	£3.00
ONION RINGS 384Kcal	£3.95
COLESLAW 160Kcal	£2.50