



The Shrewsbury Arms

Chester

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Warrington Road | Mickle Trafford | Chester | CH2 4EB

À LA CARTE MENU

NIBBLES

GARLIC BREAD (348 Kcal) (V)	3.95
GARLIC BREAD WITH CHEESE (458 Kcal) (V)	4.45
BREAD & OILS TO SHARE (1300 Kcal) (V) (Ve) (can be g/f)	6.95
MARINATED OLIVES (82 Kcal) (V) (Ve) (g/f)	4.50
PIGS IN BLANKETS (283 Kcal) With honey glaze	4.95

STARTERS

SOUP OF THE DAY (330 Kcal) (can be g/f) Usually vegetarian with bread roll & butter (V)	5.95
WHITEBAIT (420 Kcal) (g/f) Deep fried in a gluten free crumb with salad garnish & lemon wedge	5.95
CHICKEN LIVER PÂTÉ (376 Kcal) (can be g/f) Served with salad garnish, onion chutney & toast	6.50
DUCK SPRING ROLLS (287 Kcal) Served with salad garnish & hoisin dipping sauce	6.50
CHICKEN GOUJONS (285 Kcal) Served with salad garnish & sweet chilli dipping sauce	6.50
NACHOS TO SHARE (817 Kcal) With melting cheese, salsa, guacamole & soured cream	9.95
ADD CHILLI CON CARNE (984 Kcal)	12.95
ADD 3 BEAN VEG CHILLI (972 Kcal)	12.95

MAINS

FISH & CHIPS (1395 Kcal) Beer battered haddock with chunky chips, garden or mushy peas & lemon wedge	14.95
STEAK & ALE PIE (1364 Kcal) Chunks of slow cooked steak in shortcrust pastry with garden peas, chips & beef gravy	13.95
CURRY OF THE DAY (632 Kcal) Served with basmati rice & naan bread	12.95
CHILLI CON CARNE (735 Kcal) Served with basmati rice & tortilla chips	12.95
BREADED SCAMPI (832 Kcal) Served with chips garden or mushy peas & lemon wedge	12.95
TERIYAKI SEA BASS (575 Kcal) With stir fried vegetables & egg noodles	15.95
SHREWSBURY FISH PIE (728 Kcal) Chunks of haddock, salmon, smoked haddock & king prawns in a creamy sauce topped with mash & served with seasonal vegetables	14.95
SHREWSBURY CHICKEN BALMORAL (687 Kcal) Chicken stuffed with black pudding, wrapped in smoked bacon covered in creamy peppercorn sauce & served with mash & seasonal vegetables	13.95
LAMB TAGINE (685 Kcal) Slow cooked chunks of lamb in a spicy Moroccan sauce served with basmati rice	15.95

(V) Vegetarian (Ve) Vegan (g/f) Gluten Free

If you have any allergies please advise your server prior to ordering. Information as to the allergens in our food is freely available, please just ask. Dishes may contain nut traces. All calorie counts (Kcal) are an average based on a normal portion size.

PIZZA & PASTA

MARGHERITA (870 Kcal) (V)	10.95
HAM AND PINEAPPLE (917 Kcal)	11.95
FARMHOUSE (921 Kcal) Topped with ham, mushroom & red onion	11.95
HOT AND SPICY (867 Kcal) Topped with pepperoni, chorizo and jalapeño	11.95
MEAT FEAST (985 Kcal) Topped with, pepperoni, chorizo, sausage, bacon & ham	12.95
BEEF LASAGNE (750 Kcal) Served with garlic bread & side salad	10.95
SPAGHETTI CARBONARA (658 Kcal) Finely chopped bacon in a creamy, cheesy sauce	11.95
SPAGHETTI WITH CHICKEN & SPINACH (690 Kcal) Chicken & spinach in creamy garlic sauce	12.95
SPAGHETTI WITH SAUSAGE & CHORIZO (685 Kcal) Sausage & chorizo in a garlic & herb spicy tomato sauce	12.95

VEGGIE & VEGAN

3 BEAN VEGETABLE CHILLI (475 Kcal) (V) (Ve) Served with basmati rice & tortilla chips	12.95
VEGETABLE LASAGNE (700 Kcal) (V) Served with garlic bread & side salad	10.95
VEGETABLE CURRY (655 Kcal) (V) (Ve) Cauliflower, butternut & sweet potato in a madras style sauce with basmati rice & naan bread	12.95
BUTTERBEAN & SPINACH STEW (650 Kcal) (V) (Ve) (g/f) Served with chips & green beans	12.95
BREADED VEGETABLE BURGER (840 Kcal) (V) (Ve) Served on a brioche style bun with fries, salad, gherkin & coleslaw	11.95
MUSHROOM STROGANOFF (687 Kcal) (V) (g/f) Mushrooms in a creamy sauce served with basmati rice	12.95

GRILLS

ALL ARE GLUTEN FREE - Served with chips or jacket potato, grilled tomato, mushroom & garden peas

ADD A SAUCE £2.95 - Creamy Peppercorn Diane / Port & Stilton	
8oz PRIME RUMP STEAK (750 Kcal)	16.95
8oz PRIME SIRLOIN STEAK (750 Kcal)	23.95
10oz GAMMON STEAK WITH EGG & PINEAPPLE (867 Kcal)	13.95

BURGERS

ALL 11.95 - Served on a toasted brioche bun with fries, salad, gherkin & coleslaw	
BURGER TOPPERS - Cheese 0.75 / Bacon 1.00 Jalapeño 1.00 / Fried Egg 1.00 / Pulled Pork 2.50	
DOUBLE 1/4 LB BEEF BURGER (975 Kcal)	
SOUTHERN FRIED CHICKEN BREAST BURGER (873 Kcal)	
PULLED PORK BURGER (926 Kcal)	

SALADS

CHICKEN & BACON CAESAR (541 Kcal)	11.95
GRILLED CHICKEN (425 Kcal)	11.95
FETA CHEESE & OLIVE (345 Kcal) (V)	11.95

SANDWICHES

ALL 7.95 (Mon-Sat 12.00-4.00pm) Served on white, brown bloomer or gluten free bun with salad garnish & tortilla chips	
HOME ROAST BEEF (425 Kcal)	
HOME ROAST HAM (425 Kcal)	
TUNA MAYO (340 Kcal) (V)	
CHEESE & PICKLE (375 Kcal) (V)	

JACKET POTATOES

ALL 9.95 (Mon-Sat 12.00-4.00pm) Served with a salad garnish	
CHILLI CON CARNE (375 Kcal)	
3 BEAN VEG CHILLI (365 Kcal) (V)	
BEANS & CHEESE (425 Kcal) (V)	
TUNA MAYO & CHEESE (447 Kcal) (V)	

BAGUETTES

ALL £8.95 (Mon-Sat 12.00-4.00pm) Served with a salad garnish	
HOT STEAK & ONION IN GRAVY (501 Kcal)	
HOT TUNA MELT (485 Kcal) (V)	
HOT CHEDDAR CHEESE & TOMATO (475 Kcal) (V)	
COLD HAM & CHEDDAR CHEESE (516 Kcal)	

SIDES

CHUNKY CHIPS (449 Kcal) (V)	3.50
SKINNY FRIES (344 Kcal) (V)	3.50
CREAMY MASH (225 Kcal) (V)	3.00
HOUSE SALAD (45 Kcal) (V)	3.45
MUSHY PEAS (81 Kcal) (V)	3.00
ONION RINGS (384 Kcal) (V)	3.50